

Middle School Intensive Training Camp

:: July 27—29 :: \$195 ::

SCHEDULE

MONDAY, JULY 27

9:00-10:00—Check-In
10:00-12:00—Wrestling
1:00-3:00—Recreation
4:00-5:30—Wrestling
8:00-8:45—Conditioning

TUESDAY, JULY 28

7:00-7:30—Conditioning
10:00-12:00—Wrestling
1:00-3:00—Recreation
4:00-5:00—Wrestling
7:30-8:30—Wrestling

WEDNESDAY, JULY 29

8:00-8:30—Conditioning
10:00-11:00—Wrestling
1:00-2:00—Recreation
3:00-4:30—Wrestling

Victory School of Wrestling

PO Box 804
River Falls, WI 54022

Kevin@victoryschoolofwrestling.com
(715) 441-2980



The first Intensive Training Camp designed specifically for middle school athletes! For many, this will be a taste of what it takes to be a high level wrestler and we will see boys begin turning into men.

This unique camp is limited to the first 25 athletes. The training schedule will be age-level specific as we prepare for middle school wrestlers for the workload required to be a successful high school varsity wrestler in the future.

3-4 sets of workout clothes, wrestling shoes, running shoes and a swimsuit will be needed as will food/food money and a sleeping bag and pillow.



Camp Registration

:: ATHLETE INFORMATION ::

CAMP SCHEDULE

May 23-24—High School Lock-In (\$30)

June 6-7—The Grand Hullabaloo, Vol 3 (\$65)

June 12-14—Victory Stand Camp (\$175)

June 25-28—I Am Victorious Camp (\$150)

July 1-3—Stars N' Stripes Technique Camp (\$150)

July 6-8—"Exclusive" Intensive Training Camp (\$100)

July 10-12—4th Annual River Falls Days Commuter Camp (\$175)

July 27-29—Victory Middle School Intensive Training Camp (\$195)

July 30-August 2—Victory Intensive Training Camp (\$195)

Team Camp Dates: June 22-23; June 24-25; June 29-30; August 3-4; August 5-6; August 26-27; August 28-29.

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Name

Address

City

State

Zip Code

USA Card # (required)

Date of Birth

E-mail Address

Phone Number(s)

T-Shirt Size

Camp(s) Attending

Any Additional Information We Should Know:

