

July 2008

We are what we repeatedly do. **Excellence**, then, is not an act but a **habit**. – Aristotle

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		HS – 7:00-8:30pm	X	HS – 7:00-8:30pm		
6	7	8	9	10	11	12
"Exclusive" Intensive Training Camp ---Victory Athletes Only---				X	River Falls Days Commuter Camp (Limited to 40 athletes)	
HS – 7:00-8:30pm		HS – 7:00-8:30pm	Parade – 6:00pm		Takedown Tournament – noon	
13	14	15	16	17	18	19
River Falls Days Commuter Camp	10:00am-noon Cadet GR check-in	10:00am-noon Junior GR check-in 4:00-6:00pm Junior Girls check-in			10:00am-noon Cadet Free check-in	10:00am-noon Junior Free check-in Cadet - Fargo
20	21	22	23	24	25	26
X Cadet/JR GR - Fargo	X Cadet & JR GR/Wm F	X JR GR/Wm F - Fargo	X Cadet F - Fargo	X Cadet/JR F - Fargo	X Cadet/JR F - Fargo	X JR F - Fargo
27	28	29	30	31		
			Victory Intensive Training Camp (Limited to only 20 athletes)			

August 2008

Horizons are expanded by those who live on the *edge*. – Michael Brown

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
					Victory Intensive Training Camp <i>(Limited to only 20 athletes)</i>	
3	4	5	6	7	8	9
		HS – 7:00-8:30pm				
10	11	12	13	14	15	16
		HS – 7:00-8:30pm				Conditioning 8:30-10:00am
17	18	19	20	21	22	23
		HS – 7:00-8:30pm				Conditioning 8:30-10:00am
24	25	26	27	28	29	30
		HS – 7:00-8:30pm				Conditioning 8:30-10:00am
31						